

SA MASTERS ATHLETICS WINTER 2010 COMPETITION PROGRAM			DRAFT
DATE	VENUE	WALKS	RUNS
17 th April	Felixtow Carpark Cnr Briar Rd & Riverside Drive	1.50 8km, 4km Yacht H/cap	2.15pm 4km – 8km Yacht H/cap
18 th April	GREENBELT HALF MARATHON (SA ROAD RUNNERS' CLUB)		
24 th April	Burbridge Road Bus Stop 22 Burbridge Road	1.50 pm 8km,4km Yacht H/Cap	2.15pm 4kms – 8km Yacht H/cap
1 st may	Kingston tce, North Adelaide Meet Behind Playground	2.00 pm 8km Yacht H/cap	2.15pm 5 km – 10km Yacht H/cap
8 th May	Bonython Park Opposite Coca Cola	2.00 pm 12km, 8km, 4km Yacht H/cap	2.15pm 4kms, 8km,12km Yacht H/cap
15 th May	West Beach Carpark End of Barcoo road, West Beach	1.30pm 10km, 5km Yacht H/cap	2.15 pm 4kms - 8kms (Beach run if possible)
16 th May	BAROSSA HALF MARATHON (SA ROAD RUNNERS' CLUB)		
22 nd May	Peacock Road Adelaide Harriers Change Rooms	1.20 pm 10km, 6km Yacht H/cap	2.15pm 5km SAMA State Champs
29 th May	Bonython Park Opposite Coca Cola	1.45 pm 10km, 5km Yacht H/cap	2.15pm 5km – 10km Yacht H/cap
5 th June	Peacock Rd Adelaide Adelaide Harriers Change Rooms	1.45 pm 10km SAMA State Champs 6km Yacht H/Cap	2.15pm 5 km - 10km Yacht H/cap
12 th June	East Tce Cnr Wakefield st & East Tce	1.35 pm 10km, 5km Yacht H/cap	2.15pm 8km SAMA x Country Champs 4Km scratch
19 th June	Peacock Road (Hockey Clubrooms) SAMA AGM	2.10 pm 5km Turkey H/cap	2.15 pm 5km Turkey H/cap
26 th June	Bonython Park Opposite Coca Cola	1.50 pm 8km, 4km Yacht H/cap	2.15pm 4kms, 8km Yacht H/cap
	PICHI RICHI MARATHON		
3 rd July	Mt Barker ?		Prizes
10 th July	Kingston tce, North Adelaide Meet Behind Playground	2.00 pm 8km Yacht H/cap	2.15pm 5kms - 10 km Yacht H/cap
17 th July	Burbridge Road Bus Stop 22 Burbridge Road	2.10 pm 8km, 4km Yacht H/cap	12.45 pm SAMA Half Marathon Champs 2.15 pm 8km or 4 km scratch
24 th July	Peacock Road Adelaide Adelaide Harriers Change Rooms	1.15 pm 15KM SAMA State Champs 1.45 pm 10km , 5km Yacht H/cap	2.15pm 5kms – 10km Yacht H/cap
31 st July	East Tce Cnr Wakefield st & East Tce	1.30 PM 10km, 5km Yacht H/cap	2.15pm 4km -8km Yacht H/cap
7 th Aug	Peacock Road Adelaide Adelaide Harriers Change Rooms	1.45 pm 10km, 6km Yacht H/cap	2.15pm 10km SAMA State Champs & 5km scratch
14 th Aug	Felixtow Carpark Cnr Briar Rd & Riverside Drive	1.50pm 8km, 4km Yacht H/cap	2.15pm 4km – 8km Yacht H/cap
15 th Aug	ADELAIDE MARATHON (SA ROAD RUNNERS' CLUB)		
21 st Aug	Peacock Road Adelaide Adelaide Harriers Change Rooms	12.30 pm 20km SAMA State Champs 1.45 pm 10km, 6km Yacht H/cap	2.15pm 5km – 10km Yacht H/cap
28 th Aug	West Beach Carpark End of Barcoo road, West Beach	1.30pm 10km, 5km Yacht H/cap	2.15 pm 4kms - 8kms (Beach run if possible)
4 th Sept	East Tce (Adjacent Race Course) Cnr Wakefield st & East Tce	1.55 pm 10km, 5km Yacht H/cap	2.15 pm 12km, 9km, 6km, 3km Scratch
11 th Sept	Peacock Road (Hockey Clubrooms) WINTER PRESENTATION	2.05 pm 5km Turkey H/cap BRING A PLATE	2.15 pm 5km Turkey H/cap BRING A PLATE
18 Sept	CITY-BAY Fun Run		
	15 th - 16 th Oct FUN WEEKEND AWAY BAROSSA		